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POST-OPERATIVE INSTRUCTIONS

Today your child had dental treatment including a sedative help calm them during treatment. He/she received the following sedative:

_____ Chloralhydrate _____ Meperidine (Demerol) _____ Hydroxyzine (Vistaril)

_____ Diazepam _____ Midazolam (Versed) _____ Other

Children respond to sedation in their own way, but the following guidelines may help you know what to expect traveling home and during the next 24 hours.

1. We recommend that you bring another adult with you to the sedation appointment. We feel it is very important for you to take care of your when he/she is in the child's car seat. The other adult can concentrate on safely driving you home. Please let us know if you have another adult with you at this time.
2. It is important that you place your child in a car seat or safety belts during your trip home. Sometimes on the way home your child would like to take a nap. He/she tends to nod his/her head allowing the chin to touch the chest. However, it is also important that you keep your child's chin up and away from his/her chest. This is why it is important for you to have another adult with you to drive a car.
3. When you arrive at home your child may either wish to take a nap or have something to eat.
4. If your child wishes to take a nap, it is okay. Your child may sleep from two to four hours and may even be irritable for up to 24 hours after a sedation appointment. When your child is sleeping it is important that you place him/her on his/her side. If your child vomits make sure that you move the child away from any vomit and clean out his/her mouth. If your child sleeps longer than four (4) hours please awaken him/her gently. If you cannot awaken him/her, please call us immediately.
5. It is best to give your child clear liquids such as water or apple juice when you get home. The first meal at home should be soft foods such as jello, yogurt, or soup. Do not give him/her large portions of food. Do not give him/her fatty foods such as French fries.
6. Your child may be unsteady when walking or crawling. He/she will need your support in protecting him/her from injury. Do not ignore him/her. An adult must be with the child at all times for at least four (4)

hours after he/she arrived home.

7. Your child should not perform any potentially dangerous activities such as riding a bike, playing outside unsupervised, handling sharp objects, working with tools or toys, or climbing stairs until he/she is back to his/her usual alertness and coordination.
8. We advise you to keep your child home for the rest of the day. Your child may be able to return to school on the next day.
9. The following are reasons for you to call the doctor immediately:
 - a. You are unable to arouse your child.
 - b. Your child is unable to eat or drink.
 - c. Your child experiences excessive vomiting or pain
 - d. Your child develops a rash
10. In case of emergency call 911. Also call us immediately at the following number: 703-455-1339