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PRE-OPERATIVE INSTRUCTIONS

Before your child's sedation:

Your doctor has recommended sedation for your child to promote cooperation and relaxation during dental treatment. Please follow these guidelines prior to your scheduled visit.

A. FOOD

- Nonhuman milk, infant formula and/or light meals (consisting of toast and clear liquids) may be given up to six (6) hours before the appointment.
- Breast milk may be given up to four (4) hours before the appointment.
- Clear liquids such as water, fruit juices without pulp and carbonated beverages may be given up to two (2) hours before the appointment. (You can read the paper through a clear liquid.)
- Let everyone know in the home the above information, as siblings or others living in the home often unknowingly feed the child.

B. ACTIVITY

- Plan the child's sleep and awakening times to encourage the usual amount of sleep the day before the sedation appointment.
- Allow the child to use the restroom before the sedation.
- The legal guardian must accompany the child to the sedation appointment.
- Please arrive on time for your scheduled appointment.

C. REASONS TO CALL THE DOCTOR

- Your child is sick
- Your child has a runny nose or cough
- You have further concerns

Please arrive 15 minutes prior to appointment time.

You may reach a doctor during week day business hours by calling 703-455-1339. After hours, please leave a message with the answering service by calling the same number. If there is a need to change the appointment date, I understand that a 48 hour notice is required or I will forfeit my deposit, unless due to illness.